

Downloadable Checklist to *Fly with Young Kids*

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TRAVEL TRUTHS

- Novelty is currency on a long flight. Anything new will reset the mood.
- Don't pack things with small pieces that can fall and get lost.



KIDS' BACKPACK

- ☐ **Tablet or device, fully charged**
 - Make sure it has a stand so they keep their heads straight-ish
 - Download movies or shows (ones you know they will want to watch again or new ones)
- ☐ **Headphones** (noise-canceling if budget allows — worth every penny)
- ☐ **A travel journal, an activity book, or a sketchbook and good pens (or magic markers for the littles)**
- ☐ **An empty water bottle to fill after security**
- ☐ ****Travel-size board games are a good idea if they do not have small parts**



KIDS' CARRY-ON

- ☐ **Change of clothes in a zip bag**
- ☐ **Warm, soft clothes if they get cold.**
 - Especially if you have a layover and you want to get them changed before the overnight flight.
- ☐ **Comfort item**
 - Stuffed animal, favorite blanket



PARENT'S BACKPACK

- ☐ **One or two new small toys**
 - Unwrapped and ready to discover mid-flight
- ☐ **Their own snack stash**
 - Their favorite snack
 - Crackers, cheese sticks, trail mix
 - Fruit - remember to finish it before you land
 - Gum or lollipops for takeoff and landing